



| SUNDAY   | MONDAY  | TUESDAY  | WEDNESDAY   | THURSDAY   | FRIDAY   | SATURDAY  |
|--|---|--|---|--|--|---|
|  | <p>Safe and interesting environments are important.</p>   |  | <p><b>WAIT! Slow down schedules and routines</b> at home so that there is more time, less pressure, and less stress when I am learning to do things.</p>          |  | <p>1 Read a rhyming book, and leave off the last words so I can fill them in! When singing a song, <b>leave off the last word</b> too!</p> | <p>2 Let's go tobogganing today!</p>  |
| <p>3 We don't have to always read the words in my books: Let's just talk &amp; learn about the pictures. Teach me new words!</p>                             | <p>4 Make my clothes talk today! <b>Pretend</b> that they have voices &amp; make them talk to me: "Hey! Pick me! Pick me! I want to play with you today!"</p> | <p>5 Sing Nursery Rhymes today. It would be great if I knew at least 10 off by heart. How many do <b>YOU</b> know Mom and Dad?</p>           | <p>6 Read me a simple story, and run your finger along the words so I can start to learn that what you read comes from those little black squiggly lines.</p>     | <p>7 Play: "I Hear with My Little Ear, the very first <b>SOUND</b> in..." (cheese, soup, toast, etc...). Talk about the sounds, and then print them &amp; say: "we call this the letter <b>"ess"</b>."</p> | <p>8 Put your fridge magnets in order. Sing the Alphabet Song and point while singing!</p>   | <p>9 Warm &amp; engaging <b>relationships, not things</b>, build healthy brains.</p>                |
| <p>10 Tell me the first <b>SOUND</b> in my name, and show me how to print it in the snow. Help me say the <b>SOUND</b> at the same time that I print it.</p> | <p>11 Fill up the kitchen sink with soapy sudsy water and let me play with cups, little jugs, sponges, etc.</p>   | <p>12 Let's make a paper airplane today!</p>   | <p>13 Ham it up when reading out loud! Use silly voices and lots of sound effects!</p>  | <p>14 <b>VALENTINE'S DAY!</b></p>  | <p>15</p> <p>Help me <b>take turns</b> by playing a game today!</p>  | <p>16 Show me how to be <b>KIND</b> &amp; help others when playing with puppets or dolls today.</p> |
| <p>17 Let's make a Snow Fort <b>TOGETHER!</b></p>  | <p>18 <b>FAMILY DAY!</b></p> <p>Let's make snow angels!</p>   | <p>19 Let's count the stairs as we climb today!</p>  | <p>20 Let's play <b>snow tag!</b> Make a 'track' in the snow, &amp; everyone has to stay on it!</p>   | <p>21 Help me learn how to dress warmly for winter, &amp; <b>put on some long underwear! And tuck things in!</b></p>   | <p>22 Spend a little extra time showing me how to dress myself (including putting on my own coat!).</p>                                    | <p>23 Stock up on <b>LOTS</b> of books from the library today!</p>                                  |
| <p>24 Make a chart of my routines using <b>PICTURES</b>:</p> <p>1) Breakfast 2) Play: 3) Walk; 4) Snack; 5) Nap; etc.</p>                                    | <p>25 Let me help you pack my lunch &amp; knapsack today!</p>   | <p>26 Show me how to cut up <b>PAPER</b> with scissors! Let me cut up all the grocery flyers. I can start using scissors at about age 2.</p> | <p>27 <b>Strive for Five</b> turns in a conversation with me back and forth about the <b>SAME TOPIC</b>. Ask me questions that are not "yes" or "no" answers.</p> | <p>28 Help me be independent! Move things so I can reach! Coat hooks, soap, towels,</p>  |  |   |