

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Let's talk about one thing that we are grateful for today!</p>	<p>Let's bring toy animals, dinosaurs, or little people to the sandbox to pretend with. Help me pretend!</p>	<p>Use chalk to make HOPSCOTCH. Let's put letters inside the squares and say the SOUNDS as we jump.</p>	<p>It's hot out! Let's make some coloured ice. What could we do with the ice? Encourage me to come up with my own ideas!</p>	<p>Let's paint on the fence with water!</p> <p>Let me discover evaporation!</p>	<p>Talk about how people may be feeling - especially when reading stories. Ask me how I would feel if it were me who _____. This builds EMPATHY.</p>	<p>Let's play hide and seek today.</p> <p>I love to spend time with you while having fun!</p>
<p>Let's make a mud kitchen outside today using pots, pans, utensils, etc. WITH dirt/sand and water!!</p>	<p>Let's see how many actions I can copy! Clap your hands. Then I copy. Then clap + add a new action (like touching your nose), then I have to copy that. Then do 3 actions. How many actions can I copy?</p>	<p>Let's take a big bucket or bin of sudsy water outside and wash our toys TOGETHER.</p>	<p>Summertime is the perfect time to learn about stress. When we are stressed, we cannot learn, so it is worth figuring out what we can do as a family to reduce stress.</p>	<p>Let's lay down outside and look at the clouds. We can take turns telling each other what we see.</p>	<p>Notice what my strengths are today. What am I REALLY naturally good at? Tell me! Encourage me and help me strengthen my talents by playing with me and letting me lead!</p>	<p>Teddy Bear Picnic!</p> <p>Let's bring some of my stuffed animals to the park for a picnic!</p>
<p>Help me learn relaxation skills today. Encourage me to practice breathing deeply, or taking a time out for myself (to do what I want when I'm alone).</p>	<p>Let's play in the sprinkler TOGETHER today!</p> <p>I love it when you play with me!!</p>	<p>Bath time is a GREAT time to read me a story, and to sing!</p>	<p>Let me use scissors today. Perhaps let me cut trimmings from the garden or leaves that have fallen or grass.</p>	<p>Let's DANCE and play the FREEZE game. When the music stops, everyone has to freeze (encourage me to stand on one foot, be on tip toe, or to bend down low, etc.)</p>	<p>Let's go on an Insect Hunt! How many insects can we find outside?</p>	<p>When you read to me, keep in mind that it's not just about the words you read to me, but the conversation we have while reading. Let's practice back and forth conversation while reading a book today!</p>
<p>Follow my lead when playing with me! My favourite memories are of the times when you just SIT with me and LOOK at me and SPEND TIME enjoying what I LIKE to do.</p>		<p>Did you know that it's important to expose me to many different genres of books? This introduces me to new words, new pictures, and a whole new world of literature!</p>	<p>Can we make some popsicles today? We can use juice, fresh fruit, or yogurt.</p>	<p>Make an outdoor scavenger hunt for me today! "Look under the ____." "Look beside the ____." "Look in the ____."</p>	<p>Can we fly a kite today? That would be so much fun!</p>	<p>Let's blow bubbles today! Use new words such as, <i>collapsing, iridescent!</i></p>
<p>Let's go to the waterfront and look at boats, seagulls, ducks! Teach me some NEW WORDS!</p>	<p>Let's strive to have a screen FREE day today!</p>	<p>Game night! Let's play outside on a table.</p>	<p>Let's make a tent with chairs & sheets outside today. Let's read books and do other quiet activities in our fort. If it's raining, let's make a fort indoors!</p>	<p>Let's bring some books outside and read together!</p>		<p>Help me cut animals from a magazine. Resist doing it FOR me. Place face down. Take turns picking animals, and having the other person guess the animal by asking questions.</p>