














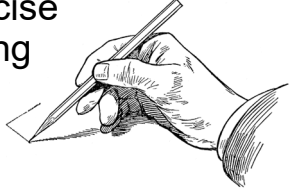





Monday	Tuesday	Wednesday	Thursday	Friday
<b>4</b>  <p><b>Labour Day</b></p>	<b>5</b> 9am Fitness 10am Bingo 11am Little Nook Reading 2pm Sing, Song 	<b>6</b> 9am Bingo 10am Food Tours 10:30am Sing, Song 11am Little Nook Reading 2:30pm Chair Yoga 	<b>7</b> 9am Fitness 10am Paddling/Hiking 10:30am Sketching  	<b>8</b> 10am Bingo 2:30pm Chair Fitness 
<b>11</b> 10am Bingo 11am Yahtzee 	<b>12</b> 9am Fitness 10:30am Trivia Game 11am Little Nook Reading 2pm Sing, Song 	<b>13</b> 9am Bingo 10am Food Tours 10:30am Sing, Song 11am Book Club 2:30pm Chair Yoga 	<b>14</b> 9am Fitness 10am Paddling/Hiking 2:30pm Weird History 	<b>15</b> 11:30am Let's Do Lunch 1pm Bingo 2:30pm Chair Exercise 
<b>18</b> 10am Bingo 11am Yahtzee 2:30pm Creatures 	<b>19</b> 9am Fitness 10:30am Scrapbooking 11am Little Nook Reading 2pm Sing, Song 	<b>20</b> 9am Bingo 10am Food Tours 10:30am Sing, Song 11am Book Club 2:30pm Chair Yoga 	<b>21</b> 9am Fitness 10am Paddling/Hiking 	<b>22</b> 10:30am Zoom Game 1pm Bingo 2pm Chair Exercise 2:30pm Sketching 
<b>25</b> 10am Bingo 11am Yahtzee 2:30pm Creatures 	<b>26</b> 9am Fitness 11am Little Nook Reading 2pm Sing, Song 	<b>27</b> 9am Fitness 11am Little Nook Reading Corner 10:30am Sing, Song 11am Book Club 2:30 Chair Yoga	<b>28</b> 9am Fitness 10am Paddling/Hiking 2:30pm Weird History 	<b>29</b> 1pm Bingo 2:30pm Chair Fitness 