


October 2023

Early Literacy Calendar

This Month's Helpful Literacy Tip	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>BOOK ROUTINES</p> <p>The more that books are woven into children's everyday lives, the more likely they will be to see reading as a pleasure and a gift.</p> <p><i>At Meal Times-</i> Sing or read a story during a moment of quiet nursing or to gather the kids around the noisy breakfast table.</p> <p><i>In the Car or on the Bus-</i> Keep a few books in the car or in your diaper bag to keep your little ones quiet and busy.</p> <p><i>At the Grocery Store-</i> Put a few board books in the shopping cart or tie a cloth book to the shopping cart so you're not cleaning up books from the floor as you go!</p> <p><i>At Nap Time-</i> Familiar routines always help babies calm down. Use books and stories to quietly ease your baby to sleep.</p> <p><i>At Bath Time-</i> Plastic bath time books are great fun and may help a fussy baby enjoy the tub a little more.</p> <p><i>At Bed Time-</i> Soothing books and stories can work magic with babies who fight sleep!</p> <p><i>*Adapted from Zero to Three</i></p> <p>AMY ST JOHN Early Literacy Specialist Simcoe County EarlyON Child & Family Centres</p>	<p>1 Take me on a Fall Colours walk. We can talk about the leaves. How many different colours of leaves can we find?</p>	<p>2 Play flashlight tag with me. Turn the lights down and catch each other by shining our flashlights on each other.</p>	<p>3 Find new ways to encourage me! Children learn best in a positive environment. Encourage and praise effort as well as success.</p>	<p>4 Warm & engaging relationships, not things, build healthy brains!</p>	<p>5 Dance party day! Take 5 minutes to dance with me today. It feels great to move my body.</p>	<p>6 Can I help you with a chore today?</p> 	<p>7 Let's go to the library today. We can choose a special bedtime story</p>
<p>8 Teach me about gratitude. Can we name three things we are grateful for?</p>		<p>10 Can we line up four chairs in a row? What could this become? Let's pretend play together!</p>	<p>11 At bedtime read me one extra story. I will be surprised and we will get five extra minutes of cuddling.</p>	<p>12 Learn a song about friendship. "Hey Siri/Alexa teach me a song friendship for children."</p> 	<p>13 Providing me with choices throughout the day builds my decision making skills. Let me choose my fruit for snack time.</p>	<p>14 Play is the important work of childhood. I learn so much when I play with you.</p>	
<p>15 Laugh WITH me! Tell me a joke or act silly. I love having fun with you.</p> 	<p>16 Point at exciting words on the page when you are reading to me. This helps me to understand words have meaning.</p>	<p>17 Try to incorporate numbers into a game of I Spy. "I spy something with two red circles..."</p>	<p>18 Can I have some sponges for bath time? I like to squeeze them, soak them and pretend to clean.</p>	<p>19</p>  <p>Can we visit an EarlyON Family Centre today?</p>	<p>20 Read to me outside today. Get a book and some blankets, and snuggle up under a tree.</p>	<p>21 Take time for yourself today to relax, meditate, read a book, or whatever brings you peace. Adults need time to recharge too.</p>	
<p>22 Bake with me. I can learn about reading a recipe and practice numbers when measuring.</p>	<p>23 Can we race like spiders today? Moving my body in different ways helps me stay calm, alert and ready to learn!</p>	<p>24 Cut faces out of magazines together. Talk to me about emotions. "That girls is crying. I wonder what happened."</p>	<p>25 Let's change the word to Ring Around the Rosie. "Ring around the moon. The witches ride their brooms. Boo! Boo! We all fall down."</p>	<p>26 Strive for Five turns in a conversation with me, back and forth about the SAME TOPIC. Ask me open ended questions!</p>	<p>27 Before the snow arrives, can you make me a Fall sensory bin? Fill a box with leaves, pinecones, and large sticks. Help me to explore Fall textures.</p>	<p>28</p> <p>Family Game Night</p> 	
<p>29 Let's limit our screen time today and play together.</p>	<p>30 Can we carve a pumpkin? I can explore the different textures. Let me play with the gooey insides!</p>		