

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						<p>1 This is a great day to visit the library!</p>
<p>2 Many children have trouble paying attention because they're anxious. Spend time in nature to reduce stress.</p>	<p>3 Notice what my strengths are today. What am I REALLY naturally good at? Tell me! Encourage me and help me strengthen my talents by playing with me and letting me lead!</p>	<p>4 See if I can follow 2 or 3 step instructions yet (e.g., "Put the toys in the bucket, pick up your shoes, and come inside").</p>	<p>5 Ask me to think about how it would feel if it was me. If I was the person who was hurt, or sad, or angry, etc... Help me have <i>empathy</i> for others.</p>	<p>6 Let's put table salt in a tray and use our fingers or a paintbrush to make letters, numbers and shapes!</p>	<p>7 Let's blow bubbles! Resist using words like "this", "that" or "you did it!" Use specific words!</p>	<p>8 Let's paint on the fence with water! Let me discover evaporation!</p>
<p>9 Can we fly a kite today?</p> <p>That would be so much fun!</p>	<p>10 Let's play <i>Ring Around the Rosie</i>, & do the <i>Hokey Pokey</i>!</p>	<p>11 Sing <i>Hickory Dickory Dock!</i> When the clock strikes 2, the mouse says "Boo!" (3-Wheel!) Hold your elbow and move your forearm.</p>	<p>12 Get out the chalk and scribble, draw pictures, make a hop scotch, and print letters! Draw a WELCOME sign in front of your door. Or draw pics on a wooden fence.</p>	<p>13 Help me PRETEND. I need <i>practice</i> speaking in longer, more detailed conversations!</p>	<p>14 Let's get online & visit somewhere on GOOGLE EARTH today!</p>	<p>15 BEFORE we go into the store, tell me what we are going to buy and NOT buy and do and NOT do, so that I am crystal clear about my boundaries.</p>
<p>16 FATHER'S DAY!</p>	<p>17 Instead of saying, "Don't" (e.g., Don't put stickers on furniture), tell me what I CAN do. (Put stickers ON PAPER, throw the balls IN THE BUCKET, etc...).</p>	<p>18 After reading a good story tonight (from the library), ask me if I can tell you what happened at the beginning, in the middle and at the end (using the pictures for help).</p>	<p>19 Let me help with cleaning up tonight! I can do it!</p>	<p>20 RESIST using the words "this, that, or thing". Instead of saying, "Wow! Look at THAT!" say, "Wow! Look at the bubbles bursting! Use unique & interesting words.</p>	<p>21 Let's play card games like "Go Fish!"</p>	<p>22 Play I SPY with My Little Eye. Or, I Hear with My Little Ear, the 1st sound in...</p>
<p>23 Let's look up at the clouds & imagine! Help me develop my Mind's Eye so I can read chapter books (books without pictures) when I'm older.</p>	<p>24 June is a great time to read with me outside under a tree!</p>	<p>25 REDUCE STRESS by PLAYING with me! When you play with me (without always telling me what to do & how;) ...I will treasure these moments the most!!</p>	<p>26 Bath time is a GREAT time to read me a story, and to sing!</p>	<p>27 Help me learn to wait a while for things. Talk about the weekend and what we will do on Saturday. Or say, "Yes!, you can have _____, but after (<u>dinner</u>).</p>	<p>28 Make up a balance beam outside. Arms up for balance!</p>	<p>29 Sing <i>Row Row Row your Boat</i>, but switch the 1st sound (Kerrily, Kerrily, or Perrily, Perrily).</p>
<p>30 Try to read to me fifteen minutes per day, whether it is all at once, or little bits at a time!</p>						