Simcoe Community Services
For people with intellectual disabilities

Get O.U.T.

Orillia Ultimate Thursdays!

For more information or to reserve your spot at any Get OUT event please call or e-mail

Sonia Lauzon at 705-327-5391 extension 3266 or slauzon@simcoecommunityservices.ca

Events are open to ALL high school students - this symbol indicates the location of the event is accessible - please bring exact change to each event

- April -

Orillia Youth Centre **Thursday April 6th** **6:00pm-8:00pm** **FREE!** **9 Front Street South**	**National Grilled Cheese Event** **Thursday April 13th** **5:30pm-7:30pm** **$5.00** **35 West Street North**	**Music Workshop with** **Big Brothers/Big Sisters** **Thursday April 20th** **6:00pm-8:00pm** **$3.00** **17 Colborne St E, Orillia**	**ZUMBA!** **Thursday April 27th** **6:30pm-8:00pm** **$6.00** **35 West Street North**
IT'S GAMES NIGHT! Come out and hang with your friends at the Orillia Youth Centre and see what they have to offer, from board games to air hockey, pool tables and much, much more! Orillia Youth Centre Shaping the future today	Join us in celebrating National Grilled Cheese Day! National Grilled Cheese Day happens annually on April 12th, so we are honoring this day with a grilled cheese dinner prepared and served by you! Bring your appetite! ***Please email Sonia if you will be attending tonight's dinner** ***Youth Leadership Committee meeting 4:30pm-5:30pm (Topic: Youth Retreat 2017 Feedback)**	Let your musical side shine! Tonight we are going to learn from our friends at Big Brothers Big Sisters how to play different instruments. A snack will be served tonight ***There are only 10 spots available for this event** **PLEASE RSVP BY THURS APRIL 13TH**	Tonight we are trying something new! Join us for an hour of fitness fun! This energizing hour will leave you happy and motivated to try it again! ***Please wear something comfortable and easy to move in** ***Please bring a water bottle to this event**

Simcoe Community Services' Youth Programs

Simcoe Community Services' Youth Programs promote the inclusion of all youth regardless of abilities in both their school and in their community. Youth programs are open to ALL high-school aged youth. These opportunities include Wednesday Evening Bash or WEB, Orillia Ultimate Thursday or Get OUT, Youth Leadership Committee, Youth in Action summer program, and the March Break Youth Retreat. We also partner with high schools and community agencies to promote and develop inclusive opportunities for all youth. Each event is supported by Simcoe Community Services' staff and volunteers.

For more information regarding any of these programs, or to volunteer please contact:

Sonia Lauzon

Orillia Youth Worker

705-327-5391 extension 3266 or,

slauzon@simcoecommunityservices.ca

Or visit www.simcoecommunityservices.ca and look under the 'Family Services' link to find the Youth Program

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